

Home Learning Activities

Teacher: LGA

Home Cooking Skills

KS4 (GLC)

2026-2027

Topic	Home Learning Activities	Online Learning Links	SMSC
Food Shop	Help your parent or carer with a food shop. Consider what you need to buy and write a list. Tick things off your list as you put them into your trolley at the shop. Help them unpack the food into the right places when you get home.		
Equipment	Look through your kitchen cupboards at home. Find any objects that you do not know the name of. Ask your parents or carers to help you name the object, or research them on your phone. Note down the names of any items you didn't know and bring them into school.		
Research	Research two recipes that you would like to make for a two-course meal. This could be a starter and a main or a main and a dessert. Either print out the recipes or write down the name of the recipe and the ingredients that you will need for it.		
Global Cuisine	Theory: Choose a country out of the following: Mexico Brazil Thailand Vietnam Greece	Cuisines - BBC Food	

	Research dishes that are typically cooked in these countries, write the dishes down as a list. Practical: Pick one of the dishes to make at home.		
Cook with others	Cook a meal for others at home. Take photographs of you cooking the meal and send them to your teacher.		

*Where possible, please send any completed work into school. If this is not possible, please e-mail photos to l.gardner@greenwood.hants.sch.uk

*If you have any difficulties with any of the tasks, please e-mail l.gardner@greenwood.hants.sch.uk for support