

HAMPSHIRE CAMHS INFORMATION AND ADVICE SESSIONS 2026

ARE YOU CONCERNED ABOUT A YOUNG PERSON'S
MENTAL HEALTH?

10am - 2pm

The Arc, Jewry Street
Winchester, SO23 8SB

This is an opportunity for
parents/carers, professionals
or young people to come
and chat to our CAMHS
clinicians, ask questions,
get advice and resources.

Bookable slots available via
our website or just drop in.



7 Jan
4 Feb
4 March
1 April
6 May
3 June

1 July
5 Aug
2 Sept
7 Oct
4 Nov
2 Dec

hampshirecamhs.nhs.uk