

Plan for the Year

Health and Social Care

DMA

2026-2027

Qualification/s: AQA Unit Awards and L1 Introductory BTEC in Health and Social Care

Week	Week Commencing	SoW/Topics/Lesson Title	Qualification Link
1	21/08/26		
2	07/09/26	Introduction to Health and Social Care	
3	14/09/26	Exploring Skills and Behaviours: Person centred approach & care values	A2
4	21/09/26	Set a progression goal	A2
5	28/09/26	Carry out an insightful review of own skills and behaviours,	A2
6	05/10/26	Produce a focused progression plan & draft	A2
7	12/10/26	Produce a focused progression plan & draft	A2
8	19/10/26	Complete A2	A2
	26/10/26		
9	02/11/26	Introduce Advising Others About Healthy Lifestyles	HSC8
10	09/11/26	What is a Healthy Lifestyle? And factors that affect health	HSC8
11	16/11/26	Benefits of healthy lifestyles and regular exercise	HSC8
12	23/11/26	Balanced diet and impact on health	HSC8
13	30/11/26	Preparing for sharing Information	HSC8
14	07/12/26	Present to class	HSC8
15	14/12/26	Catch Up Time (If needed) – AQA 122488	AQA / HSC8
	21/12/26		
	28/12/26		
16	04/01/27	Exploring Organisational Skill Techniques introduction	A1
17	11/01/27	Look at different organisation techniques	A1
18	18/01/27	Self-reflection - own skills and behaviours & Draft progression plan	A1
19	25/01/27	Draft progression plan	A1
20	01/02/27	Final Progression plan	A1
21	08/02/27	Final Progression plan	A1
	15/02/27		
22	22/02/27	Introduction to H&SC and the BTEC Level 1 Introductory qualification & Life Stages and PIES	HCS5
23	01/03/27	Expected and Unexpected Life Events & Health Indicators	HCS5
24	08/03/27	Health Issues and Needs & Social Care Issues and Needs	HCS5
25	15/03/27	Health and Social Care Careers	HCS5
26	22/03/27	Complete HCS5	HCS5
	29/03/27		
	05/04/27		
27	12/04/27	Introduction to BTEC and Plan for healthy snack	HSC7
28	19/04/27	Exploring Foods to Suit Different Needs & Humous and veg sticks	HSC7
29	26/04/27	Review cooking and log skills used & Making bagel pizzas	HSC7
30	03/05/27	Review cooking and log skills used & making individual snack	HSC7
31	10/05/27	Review cooking and log skills used & catch up on paperwork	HSC7
32	17/05/27	Practical demonstration – tea and toast activity	HSC7
33	24/05/27	Write up on practical demonstration – complete HSC7	HSC7
	31/05/27		
34	07/06/27	AQA 123032 Positive communication	AQA
35	14/06/27	AQA 123032 Positive communication	AQA
36	21/06/27	AQA 117130 – Level 1 care values	AQA
37	28/06/27	AQA 117130 – Level 1 care values	AQA
38	05/06/27	AQA 112606 – Awareness of health and wellbeing	AQA
39	12/06/27	AQA 112606 – Awareness of health and wellbeing	AQA