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**Subject: FOOD TECHNOLOGY**

**Year: KS4**

**Term: Spring 1 –** Fruit, vegetables and staple foods.

**Greenwood School Curriculum Summary**

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| **Lesson name** | **Lesson outline** | **Online link(s)**  | **Other Resources** |
| FOOD ASSURANCE | learning about food provenance, food quality and assurance, and food processing  | <https://www.foodafactoflife.org.uk/14-16-years/where-food-comes-from/food-quality-and-assurance/>WATCH PPT: Food assurance schemes presentation<https://www.foodafactoflife.org.uk/11-14-years/where-food-comes-from/food-availability/> - Watch the ppt and complete the worksheet: Where is my food from? activity | <https://www.foodafactoflife.org.uk/14-16-years/where-food-comes-from/food-quality-and-assurance/>DOWNLOAD AND WATCH PPT: Development of food technologyComplete worksheet: Development of food technology |
| FRUIT | Types of fruit. Nutritional value of fruit. | Watch: <https://www.bbc.co.uk/bitesize/clips/z2pxpv4>Watch: https://www.youtube.com/watch?v=tPy4d-Yg2r4&list=PLSXnX8lDffhQvzy4KNrTn7jOlnGB1rHt6&index=2 | <https://www.foodafactoflife.org.uk/11-14-years/healthy-eating/eat-well/>complete worksheet: **Do you know your 5 A DAY****Complete quiz:**  **Have breakfast quiz** |
| VEGETABLES | Importance of vegetables in the diet  | <https://www.foodafactoflife.org.uk/search-results?q=seasonality+of+food>Watch ppt: SeasonalityWatch ppt: Food ready to eat - UK seasons  | <https://www.foodafactoflife.org.uk/14-16-years/healthy-eating/energy-and-nutrients/#micro>Watch ppt: Micronutrients Complete worksheet: Micronutrients worksheetComplete quiz: Micronutrients quiz |
| PASTA | Place of pasta in the diet | Watch video: <https://www.youtube.com/watch?v=hTn8Uh1m0hg>Watch video: <https://www.bbc.co.uk/teach/class-clips-video/the-story-behind-spaghetti-bolognese/zj3py9q> | <https://www.foodafactoflife.org.uk/14-16-years/healthy-eating/nutritional-needs-through-life/>Watch ppt:  **Nutritional needs through life**Complete worksheet**:**  **Nutritional needs throughout life worksheet** |
| STAPLE FOODS | Place of staple foods in the diet | Watch the video :https://www.youtube.com/watch?v=xzqHi2gABb8<https://www.foodafactoflife.org.uk/remote-learning/activities-and-ideas/waves-4-6/wave-6-where-food-comes-from/> go to Food origins and availability – complete activity in section 1. Make a list of the food in your house that is currently in season in the UK. Draw up a chart to show what could you make with the food you find? | <https://www.foodafactoflife.org.uk/remote-learning/activities-and-ideas/waves-4-6/wave-6-where-food-comes-from/> -> View the [Safe production and processing of food presentation](https://www.foodafactoflife.org.uk/media/1894/safe-production-ppt-1114wcfc2.pptx) to find |
| FOOD SAFETY | Importance of Food Safety. | <https://www.foodafactoflife.org.uk/11-14-years/cooking/hygiene-and-safety/> Read Food Poisoning ppt. Complete Food Poisoning worksheet | Watch the video: <https://www.bbc.co.uk/teach/class-clips-video/design-and-technology-gcse-the-causes-of-food-poisoning/zftkjhv>Complete the activity: **Food poisoning bacteria – life, growth and death**  |