

Home Learning Activities

Teacher: LGA

Home Cooking Skills

KS3

2026-2027

Topic	Home Learning Activities	Online Learning Links	SMSC
Italian Food	Theory: Research traditional Italian dishes and create a mind map showing all the dishes that you can find. Practical: Find a recipe for an Italian dish and make it at home. Send photographs to Lyn – e-mail given below.	Italian recipes - BBC Food Italian dishes video: Bing Videos	C Sp
Baking Skills	Theory: Find out what 'kneading' is and watch a video on how to do it. Practical: Use the recipe given to make bread rolls at home. If you would like to be given ingredients, please e-mail Lyn on the e-mail address given below.	Basic bread rolls recipe - BBC Food How to knead bread dough: Bing Videos	Sp
Winter Warmers	Theory: Research meals that would be considered 'warming' that people would eat in winter. List some of the recipes you have found and then answer the question: 'Why are certain foods eaten in winter and considered warming?' Practical: Research a warming recipe and cook it at home.	Winter recipes Good Food	C Sp
Global Cuisine	Theory: Choose a country out of the following: - Mexico - Brazil - Thailand - Vietnam - Greece	Cuisines - BBC Food	C Sp

	Research dishes that are typically cooked in these countries, write the dishes down as a list. Practical: Pick one of the dishes to make at home.		
Fruit and Veg	Theory: Write the alphabet A-Z, list 3 fruits or vegetables that begin with each letter. Practical: Create a fruit salad with three different fruits, take a photograph and e-mail to your teacher. Or – Bake a cake that has fruit inside, e.g. banana bread, Dorset apple cake	A - Z of Fruit & Veg / Riverford	
Picnics and Outdoor Eating	Theory: Research foods that would be make or taken on picnics. Answer the question – Why do you think that these foods are good for a picnic. Practical: Research a dish that people might take on a picnic and make it at home. E-mail a photo to your teacher.	Picnic Recipes Good Food	

*Where possible, please send any completed work into school. If this is not possible, please e-mail photos to l.gardner@greenwood.hants.sch.uk

*If you have any difficulties with any of the tasks, please e-mail l.gardner@greenwood.hants.sch.uk for support